

Alzheimer's Resource Directory

a guide for family members, caregivers and health care professionals

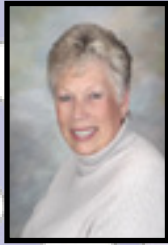
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Orange, Riverside &
San Bernardino Counties
Winter/Spring 2012

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"Helping you put the pieces back together"

Save time and energy by calling Alzheimer's Placement Specialist. We find quality care facilities for your loved one that meets their care needs and budget. All of our services are FREE.



Jacquie Schweppe
(714) 259-7965 office
(714) 403-7210 cell

www.alzheimersguidance.com

- Assessments to determine appropriate level of care
- Placement consultation and assistance for all levels of care
- Ongoing facility inspections by Licensed Administrator
- Connect families to the Senior Network Community

Senior care advisor with 27 years of experience in the Senior Housing Business.



"Assisting with care needs when you need a little help"

- Home care for adults; hourly & live-in.
- Specializing in Alzheimer's, dementia, post-operative & rehabilitation care.
- Medication reminders, meal prep, transportation.
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- All caregivers insured, criminal backgrounds checked and covered by workers compensation.

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www.innovativehc.com

Colleen Van Horn

RN, BSN, PHN, CCM C.E.O.



Imagine a family that cares the way your family does.



Welcome to Summer House at Walnut Village, a memory support neighborhood as warm and bright as a cherished summer home. Here you'll find wellness for the body, mind and spirit, and a safe and comfortable place where your family member is a member of ours as well.

To learn more about Summer House's personal memory support program call 714-507-7000.

summerhouseatwv.com

A MEMBER OF
LeadingAge Alzheimer's Association
orange county chapter

License #306000961 COA 197

We are an equal opportunity housing provider.

Summer House is located within Walnut Village, a continuing care retirement community with small-town charm and lots of amenities.



AT WALNUT VILLAGE
a front porch community

- Intimate setting with only 14 accommodations
- Sensory garden
- Individual approach to wellbeing
- Care center located on site

Call for details.

**891 S. Walnut St.
Anaheim, CA 92802
714-507-7000 or
866-983-6763**



Tell them you saw it in the
Alzheimer's Resource Directory



Do you know someone who is caring for a loved one or friend who has Alzheimer's?

Perhaps they could use the resources available in this directory.

If so, just give us a call and we will mail them a FREE copy right away.

They will appreciate your thoughtfulness.

1-888-393-1698



Yorkshire House
26933 Cornell St
Hemet

Caring For The Memory Impaired

- ◆ 24 hr. care with call buttons ◆ Secure for wanderers
- ◆ Competitive rates, VA funds ◆ Medication management
- ◆ In-house doctor & Hairdresser ◆ Respite Care/Hospice
- ◆ Medi-Cal Waiver Program ◆ Activities & Transportation

Riverside County's # 1 ALW Facility

951.658.1068

TIM@YORKSHIRE-HOUSE.COM
YORKSHIRE-HOUSE.COM

State License # 336400850

- ⌘ Home-like apartment settings in a secure environment
- ⌘ Medication management by licensed professionals
- ⌘ Safe outdoor walking path and garden
- ⌘ Assistance with daily needs
- ⌘ Three nutritious meals served daily in a family-like dining atmosphere

A Medi-Cal Assisted Living Waiver Program Participant

Alzheimer's and Dementia Care

ROSE GARDEN
RESIDENTIAL CENTER

Lic#366402983

1350 Wabash Avenue • E. Redlands, CA • 909.794.1040

Note!

Contents of this directory are intended for community resource information only. Neither the Alzheimer's Association, nor Retirement Publishing recommends or endorses the listed facilities, organizations, professionals, companies or services.

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www.retirementpublishing.com



Alzheimer's doesn't mean you forget how to smile.

Dealing with Alzheimer's can be tough. But it doesn't mean you have to forget about the joys of living. If you or someone you love is suffering from Alzheimer's, call the Alzheimer's Association helpline for support, understanding and information day or night at 1.800.272.3900. When it comes to Alzheimer's, remember—you are not alone.



**Make the first call to
1-800-272-3900**
Or Visit
(Orange County) www.alz.org/oc/
**(Riverside & San Bernardino
Counties) [www.alz.org/
californiasouthland/](http://www.alz.org/californiasouthland/)**

Concept and design by Henry Russell Bruce - www.hrb-ideas.com



the compassion to care, the leadership to conquer

Orange County Chapter and California Southland Chapter

Dear Friends,

The Alzheimer's Association is the oldest and largest national voluntary organization dedicated to research for the causes, cure, and prevention of Alzheimer's disease and to providing education and free services to Alzheimer's patients, their families and caregivers.

Caring for someone with Alzheimer's disease or a related disorder is never easy. But it is important to remember that you are not alone. There are many services that can make life easier and more enjoyable for you and for the person with Alzheimer's or dementia disease.

If you are caring for someone with Alzheimer's disease, you will need help in giving that care – and in caring for yourself as well. Not everyone will need the same services to the same degree. But almost everyone will need some services for some period of time.

The most important service we can recommend to families of those with Alzheimer's disease is our own organization. We have peer support groups where families of people with Alzheimer's offer one another understanding and guidance, along with consumer information and practical advice. The Alzheimer's Association also can offer referrals to many other resources.

On behalf of all of us at the Orange County Chapter and the California Southland Chapter of the Alzheimer's Association, we would like to thank Retirement Publishing for making this free resource available to you.*

Finally, if you have a question of any kind, please call 800-272-3900 to reach the Alzheimer's Association twenty-four hour Helpline, where you can speak to someone who can assist you with professional care and resources tailored to your specific needs in your own community.

Sincerely,

Jim McAleer
President & CEO
Orange County Chapter

Susan Galeas MSW, MPH
President & CEO
California Southland Chapter

*The Alzheimer's Association policy prohibits endorsements or recommendations of any facility, organization or service.

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Selected Definitions

Alzheimer’s Residence - State licensed facilities either totally dedicated to Alzheimer’s/dementia residents or report a designated/secure unit within their facility.

Residential-Elderly - State licensed facilities who report that they accept Alzheimer’s/dementia patients (either early stage or later stages) in Alzheimer’s designated units.

Skilled Nursing Facility - State licensed facilities who report that they accept Alzheimer’s/dementia patients (either early stage or later stages) in Alzheimer’s designated units.

Referral Agency - Organizations that specialize in finding appropriate facilities for individuals with Alzheimer’s or other dementias.

Adult Day Health Care - Licensed adult day care for those requiring health assistance. Must have a nurse on site.

Adult Day Care - Licensed adult day care offers supervised activities, socialization and nutrition to those who do not need health assistance. Nurse is not required to be on site.

Assessment/Diagnostic Services - Multi-disciplinary organizations that have training, equipment and experience to assess individuals and diagnose Alzheimer’s or other dementia. Usually affiliated with a hospital, medical facility or university.

Home Health Care Agencies - State licensed agencies providing various home care services often includes skilled nursing services.

Home Care Agencies - Provide varying in-home, non-medical care services (state licensing not required).

Support Groups - Groups often specialize. Call before attending.

Abbreviation Definitions

AAS	Accepts All Stages of Alzheimer’s
AES	Accepts Early Stage Alzheimer’s Only
ADU	Have Designated Alzheimer’s Unit
ASU	Have Secure Alzheimer’s Unit
RC	Respite Care
ADC	Adult Day Care
ADHC	Adult Day Health Care
M	Accepts Medicare
MC	Accepts Medi-Cal
EL	Elder Law
EP	Estate Planning
GU	Geriatric Unit
MI	Works With Medi-Cal Issues

Alzheimer's Residences

Orange

Aliso Viejo

Aliso Laguna Villa
24552 Pacific Park Dr.
949-425-8300
AAS, ADU, ASU, RC

The Covington

3 Pursuit
877-225-4444



At The Covington, we take pride in our specialized dementia care program

CALL TODAY FOR MORE INFORMATION

877-225-4444

3 Pursuit

Aliso Viejo, CA 92656

Anaheim

Anaheim Care Cottages
9632 Katella Ave.
714-533-3300
AAS, ADU, ASU, RC

Buena Vista Care Center
1440 South Euclid St.
714-535-7264
ADU, ASU, RC

Emeritus at Fairwood Manor
200 N. Dale Ave.
714-761-5771
AAS, ADU, ASU

Ivy Cottages Care
2940 E. Belvedere Road
866-253-1371

Karlton Residential Care Center
3615 West Ball Rd.
714-236-1170
RC

La Palma Royale
525 W. La Palma Ave.
714-991-3242
ADU, ASU, RC

Summer House at Walnut Village

891 South Walnut St
866-983-6763
AAS, ADU, ASU
See our ad on page 3.

Anaheim Hills

Exclusive Eldercare, Inc.
6533 E. Via Estrada
949-233-4666
AAS, ASU

Exclusive Eldercare, Inc

MEMORY LOSS CARE

949-233-4666

Personal care for seniors in luxurious homes.
Providing care for seniors with:

Memory Loss	Stroke
Heart Disease	Parkinson's
Diabetes	Rehabilitation
Lung Disease	Kidney Disease

Multiple Orange County Locations

Lic.# 306003038

Buena Park

Knott Avenue Senior Campus
9011 Knott Avenue
714-821-4130
ADU, ASU, RC

The Cottage at Artesia Gardens
6041 Kingman Ave
1800-570-2273
AAS, ASU, RC

Corona Del Mar

Crown Cove
3901 E. Pacific Coast Hwy.
949-760-2800
AAS, ADU, ASU, RC

Costa Mesa

Autumn Years at Newport Mesa
2891 Bear St.
949-629-1020
AAS, ASU, ADU, RC, ADC
Silverado Senior Living Newport Mesa
350 West Bay Street
949-631-2212
AAS, ADU, ASU, RC, ADC

Alzheimer's Residences (continued)

The Heathers I

1565 Wintergreen Place
949-631-5222
AAS, ASU, RC

Dana Point

Ægis of Dana Point
26922 Camino de Estrella
949-488-2650
AAS, ASU, ADU, RC, ADC

Seven Seas Elder Care
32702 Seven Seas Dr
949-248-9415

The Fountains at Sea Bluffs
25411 Sea Bluffs Dr.
949-234-3000
ADU, ASU, RC, ADC

Fountain Valley

Assured Horizons FV I
18561 Santa Isadora
800-771-0272
AAS, ADU, RC

Ivy Cottages

9856 Mariposa Ave
714-396-7614
AAS, ASU

Ivy Cottages, Inc.

Alzheimer's Dementia Care

IN A WARM SAFE FAMILY ENVIRONMENT
Providing Care For The Older Adult With

Stroke • Memory Loss • Parkinson's
Sundowners • Rehabilitation • Lung Disease
Heart Disease • Diabetes

714-396-7614

3 Locations
FOUNTAIN VALLEY

Lic.#306003765, #306003766, #306003767

Ivy Cottages

16827 Mt. Eden
714-396-7614
AAS, ASU
See our ad above.

Fullerton

Park Vista at Morningside
2525 Brea Blvd.
714-256-1000
ADU, ASU
Richman Gardens
317 N Richman Ave.
714-526-5611
ADU, ASU, RC

Garden Grove

Cheerful Heart Home I
11592 Vicilia St.
714-726-6525
AAS, RC

Cheerful Heart Homes Welcomes You

Locations in Garden Grove, Huntington Beach & Villa Park



We offer the best personalized care to help your loved one maintain a high level of self esteem, dignity and comfort. **Excellent referrals from our families.**

Ana Sandru

714-726-6525
cheerfulheart3@yahoo.com

**13 Years
Experience**

Maureen Guest Home
9362 Maureen Drive
714-539-0391
AAS, ADU, ASU
Valley View Gardens
11848 Valley View St.
714-895-9898
ADU, ASU, RC

Huntington Beach

Cheerful Heart Home II

16412 Mark Lane
714-726-6525
AAS, RC

See our ad above.

Cheerful Heart Home III

10182 Edye Dr.
714-726-6525
AAS, RC

See our ad above.

(continued on page 12)

Alzheimer's Residences (continued)

Orange Continued)

Huntington Beach (continued)

Cheerful Heart Home IV

9542 Sailfish Dr

714-726-6525

AAS, RC

See our ad on page 11.

European Loving Care

6561 Dohrn Ci

714-840-8000

Family Choice Senior Care

22201 Cape May Lane

714-962-3435

AAS, ASU

Irvine

Exclusive Eldercare. Inc.

19011 Edington Terrace

Turtle Rock

949-233-4666

AAS, ASU

See our ad on page 10.

Irvine Cottages - Longstreet Cottage

1 Longstreet

800-771-0272

La Habra

Park Regency Retirement Center

1750 W. La Habra Blvd

714-441-1164

AAS, ADU, ASU, RC

Whitten Heights

200 W. Whittier Blvd

562-691-1200

Laguna Hills

Exclusive Eldercare. Inc.

25432 Champlain RD

949-233-4666

AAS, ASU

See our ad on page 10.

Laguna Niguel

Aegis of Laguna Niguel

32170 Niguel Road

949-496-8080

AAS, ADU, ASU, RC

Mission Viejo

Exclusive Eldercare. Inc.

26291 Avenida Calidad

949-233-4666

AAS, ASU

See our ad on page 10.

Exclusive Eldercare. Inc.

26232 Avenida Calidad

949-233-4666

AAS, ASU

See our ad on page 10.

Golden Coast Senior Living - Zandra

24431 Zandra

949-533-4025

AAS, RC

Good Samaritan Guest Homes

26831 Via Grande

949-348-8967

Newport Beach

Exclusive Eldercare. Inc.

1112 Westcliff Dr.

949-233-4666

AES, ASU

See our ad on page 10.

Exclusive Eldercare. Inc.

2945 Cassia ST

949-233-4666

AAS, ASU

See our ad on page 10.

Vintage At Newport

393 Hospital Rd.

949-631-3555

AAS, ADU, ASU, RC

Orange

Ana Marie's Guest Home I

1304 E. Chapman Ave.

714-330-7455

Ashton Court At Fountain Senior

Assisted Living

1800 W. Culver Ave.

714-978-2534

AES, ADU, ASU, RC

Alzheimer's Residences (continued)

Kirkwood Assisted Living Residence of

Orange

1525 East Taft Ave.

714-282-1409

AAS, ASU, ADU

Placentia

Adams Family Homes

16171 Cairo Circle

714-996-2139

Longevity

16192 Cairo Circle

714-996-2196

ADU

San Juan Capistrano

Emeritus at San Juan Capistrano

31741 Rancho Viejo Road

949-248-8855

ADU, ASU, RC

Santa Ana

Sunflower Gardens

3730 South Greenville

714-641-0959

AAS, ADU, ASU, RC

Tustin

Cranbrook Senior Living Tustin

1262 Bryan Avenue

714-460-9901

Helena House

17421 Laurie Lane

714-734-8034

Premier Senior Living

13792 Fairmont Way

949-233-4666

AAS, ASU

Villa Park

Cheerful Heart Home V

10722 Albany Circle

714-726-6525

AAS, RC

See our ad on page 11.

Westminster

Emeritus at Brookhurst

15302 Brookhurst Street

714-775-6775

AAS, ADU, ASU, RC

Sweetest Homes 4 Seniors

5621 Edita

714-230-8433

AAS, ASU, RC

Riverside

Corona

Crown Pointe, A Retirement Residence

737 Magnolia Ave.

951-737-1600

AAS, ADU, ASU, RC

Emeritus at Corona

2005 Kellogg Ave.

951-898-6991

AAS, ASU, RC, ADC

Hemet

Desert Hills Memory Care

25818 Columbia Street

951-652-1837

AAS, ADU, ASU, RC

Emeritus At Hemet

1177 South Palm Avenue

951-929-5988

AAS, ADU, ASU, RC

Yorkshire House A

26933 Cornell Street

951-658-1068

AAS, ADU, ASU, RC, Hospice, Bed

Ridden Clearance.

See our ad on page 5.

Yorkshire House B

26933 Cornell Street

951-658-1068

AAS, ADU, ASU, RC, Hospice, Bed

Ridden Clearance, Medical Waiver

VA See our ad on page 5.

(continued on page 14)

Alzheimer's Residences (continued)

Riverside (continued)

Moreno Valley

Integrated Care Communities
14265 Nason St.
951-243-3837
AAS, ADU, ASU, RC

Murrieta

Murrieta Gardens Senior Living &
Memory Care
24200 Monroe Ave.
951-600-7676
AAS, ADU, ASU, RC

Palm Springs

Emeritus at Palm Springs
1780 E. Baristo Rd.
760-322-3444
AAS, ADU, ASU, RC
Windsor Court Assisted Living
201- S. Sunrise Way
760-327-8351
AAS, RC

Perris

Our Countryside Resort - Alzheimer's
18111 Haines Street
951-657-3557
AAS, ASU, RC, ADC
Pico De Loro
620 N. Perris Blvd.
951-943-8081
AAS, ASU, RC

Rancho Mirage

Mission Hills Senior Living
34650 Bob Hope Drive
760-770-7737
AAS, ADU, ASU, RC
Vista Cove At Rancho Mirage
70201 Mirage Cove Drive
760-324-4604
AAS, ADU, ASU, RC, ADC

Riverside

Arlington Commons
10849 Arlington Ave.
951-637-8844
AAS, ASU, ADU, RC, ADC
Encore Senior Village At Riverside
6280 Clay Street
951-360-1616
AAS, ADU, ASU, RC
Raincross At Riverside
5232 Central Avenue
951-785-1200
AAS, ADU, ASU, RC

Temecula

The Sterling At Vintage Hills
41780 Butterfield Stage Rd
951-506-5555
AAS, ASU, ADU, RC, ADC

San Bernardino

Apple Valley

Encore Senior Living/Valley Crest
Residential Care
18524 Corwin Rd.
760-242-3188
AAS, ASU, RC
Rimrock Residential Care Home
20115 Rimrock Rd. East
760-242-7340
ASU, RC

Chino

The Gardens at Hillsborough Village
11918 Central Avenue
909-548-2100

Chino Hills

Oakmont of Chino Hills
14837 Peyton Dr.
909-606-3010
AAS, ADU, ASU, RC

Alzheimer's Residences (continued)

Claremont

Mountain View Center
715 W. Baseline Road
888-533-6633
AAS, ASU, RC, MC.
Call for other locations.

East Redlands

Rose Garden Residential Care
1350 N Wabash Ave.
909-794-1040
AAS, ASU, RC, MC
See our ad on page page 5.

Fontana

Citrus Villa Retirement Center
9448 Citrus Ave.
909-823-0631
ASU

Loma Linda

Loma Linda Royale
25489 Niks Ave
909-478-1042
ASU

Ontario

Inland Christian Home, Inc.
1950 S. Mountain Ave.
909-983-0084
AAS, ADU, ASU, RC, ADC

Redland

European Home Care II
1637 Henrietta
909-2131000
AAS, ADU, ASU, RC

Redlands

Plymouth Village of Redlands
900 Salem Dr.
909-793-1233
AAS, ADU, ASU, RC, ADC
Sommerford Place
1319 Brookside Ave.
909-793-9500
AAS, ADU, ASU, RC, ADC

San Bernardino

Villas at San Bernardino
2985 North "G" Street
909-883-7703
AAS, ADU, ASU



"a loving, safe and secure assisted living and memory care community"

We will lovingly address your loved ones individual needs

2985 North "G" Street Phone: **909-883-7703**
San Bernardino CA 92405 E-mail: jana@villasatsb.com
"family owned and operated" www.villasatsanbernadino.com
Lic. #399413072

Upland

Heritage Gardens
1260 E. Arrow Highway
909-946-5757
AAS, ASU, RC
North San Antonio Senior Care
1738 N. San Antonio Ave
909-931-2121
AAS, ASU, RC, ADC

Victorville

Sterling Commons
17797 Lindero ST
760-245-3300
AAS, ADU, ASU, RC, ADC

Yucaipa

Wildwood Canyon Villa
33951 Colorado St.
909-446-0405
AAS, ADU, ASU, RC

Other Areas

Long Beach

Brittany House
5401 East Centralia St.
562-421-4717
AAS, ASU, ADU

Residential Elderly With Alzheimer's Care

Orange

Fountain Valley

Ivy Cottages
16840 Mt. Eden
714-396-7614
AAS, ASU
See our ad on page 11.

Fullerton

Fullerton Gardens
1510 E. Commonwealth Ave.
714-441-2552
AAS, RC, ADC

Irvine

Regents Point
19191 Harvard Avenue
949-854-9500

Mission Viejo

American Legends Home
25746 Santo Dr.
949-922-0640
AAS, ADU, RC

San Clemente

San Clemente Villas by the Sea
660 Camino de los Mares
949-489-3400
ADU, ASU, ADC

Santa Ana

Guardian Angels Homes
12182 Red Hill Ave
714-508-5709
AES

Stanton

Quaker Gardens
12151 Dale Ave
714-530-9100
AAS, ADU, ASU, RC, M

Tustin

The Little Company, TLC on Brookline
14661 Brookline Way
714-389-3835
AAS, RC

Riverside

Joshua Tree

Pat's Assisted Living
6161 El Reposo
760-366-1685
AE, RC, M, MC

Hesperia

Foremost Healthcare Center
17581 Sultana St.
760-244-5579
ADU, ASU, RC, ADC

San Bernardino

Villas at San Bernardino
2985 North "G" Street
909-883-7703
AAS, ADU, ASU
See our ad on page 15.

**For additional FREE copies of
this directory just call:
1-888-393-1698**

**Looking for a memory care residence for a friend or loved one?
Go to www.RetirementPublishing.com and search the new
ALZHEIMER'S RESIDENCE FINDER feature for more detailed
information and photos on Alzheimer's/memory
care residences**

Skilled Nursing Facilities

Orange

Anaheim

Anaheim Healthcare Center, LLC
501 S. Beach Blvd.
714-816-0540
ADU, ASU, RC, M, MC
Leisure Court Nursing Center
1135 Leisure Court
714-772-1353
AAS, ASU, RC, M, MC
Walnut Manor Care Center
1401 W. Ball Rd.
714-776-7150
ASU, MC, M
Windsor Gardens Convalescent Center
of Anaheim
3415 West Ball Rd.
714-826-8950
AAS, ASU, RC

Garden Grove

Alta Garden Care Center
13075 Blackbirdn St.
714-530-6322

Los Alamitos

Alamitos West Healthcare Center
3902 Katella Ave.
562-596-5561
ADU, RC, M, MC

Stanton

Quaker Gardens
12151 Dale Ave.
714-530-9100
AAS, ADU, ASU, RC M

Riverside

Beaumont

Palm Grove Health Care
1665 E. Eighth St.
951-845-3125
AAS, ASU, RC, M, MC

Corona

Vista Cove Care Center At Corona
2600 S. Main St.
951-736-4700
ADU, ASU, RC, M, MC

Riverside

Community Care on Palm
4768 Palm Avenue
951-686-9001
AAS, ASU, RC, M, MC
Riverside Health Care Center
8781 Lakeview Ave.
951-685-1531
AAS, ASU, ADU, RC, M, MC
Vista Pacifica Convalescent Hospital
3662 Pacific Ave.
951-682-4833
AAS, ADU, ASU, M, MC

San Bernardino

Mentone

Braswell Ivy Retreat
2278 Nice Street
909-794-1189
AAS, ASU, M, MC

Ontario

Plott Nursing Home
800 E. 5th St.
909-984-8629
AAS, ASU, RC, M, MC

Redlands

Braswell's Colonial Care
1618 Laurel Ave.
909-792-6050
AAS, ADU, ASU, RC, M, MC

San Bernardino

Waterman Convalescent Hospital
1850 N. Waterman Ave.
909-882-1215
ADU, RC, M, MC

(continued on page 18)

Skilled Nursing Facilities (continued)

San Bernardino (continued)

Upland

Christian Heritage Care Center
275 B Garnet Way
909-949-4887
AAS, ADU, ASU, M, MC

Yucaipa

Braswell's Community Convalescent Center
13542 Second Street
909-795-2421
ASU, RC, M, MC

Yucca Valley

Desert Manor
8515 Cholla Avenue
760-365-0717
AAS, ASU, M, MC, RC

**For Additional
FREE Copies Of This
Directory Call Us At
888-393-1698**

Referral and Placement Services

Accent on Seniors
888-954-6637

Alzheimer's Placement Specialist

714-259-7965

See our ad on page 2.

Assisted Living Placements
888-854-7750

ElderLink

800-613-5772

Trusted Senior Placement, Inc.

714-533-4015

U.S. ElderCare Referral Agency

800-848-1008

Adult Day Health Care

Orange

Anaheim

Anaheim Adult Day Health Care
714-220-2114
ADHC, MC
Sultan ADHC
714-778-9000
Farsi speaking

Brea

Easter Seals Southern California
Senior Day Care
714-672-0343

Fullerton

RIO (Rehabilitation Institute of So. CA)
714-680-6060
ADHC, MC

Garden Grove

Acacia Adult Day Services
714-530-1566
ADC, ADHC, MC
Evergreen Adult Day Health Care
714-638-1818

Huntington Beach

Alzheimer's Family Services Center
714-593-9630
ADHC, MC

Irvine

Irvine Adult Day Health Services, Inc.
949-262-1123
ADC, ADHC, MC

Adult Day Health Care (continued)

La Mirada

A Day Away
562-902-5305
ADC, ADHC, MC

Laguna Woods

South County Adult Day Services
949-855-9444
ADC, ADHC, MC

Orange

RIO (Rehabilitation Institute of So. CA)
714-633-7400
RC, ADC, ADHC, MC

San Clemente

RIO (Rehabilitation Institute of So. CA)
949-498-7671
ADHC, MC

Santa Ana

Regent West
714-531-7561
ADHC
Santa Ana/Tustin VIP Adult Day Health Care
714-558-1216
ADHC, RC, MC

Riverside

Riverside

Care Connexus, Inc. Adult Day Services Center
951-509-2500
ADHC, ADC, MC, RC, Scan

San Bernardino

Upland

Health Guard Adult Day Health Care
909-920-1165
ADHC, ADC, MC

Adult Day Care

Orange

Anaheim

Windsong Senior Activity Center
714-956-4190
ADC, RC

Buena Park

Buena Park Senior Day Care Center
714-826-3163
ADC

Huntington Beach

Care Connections
714-899-1692
Mon., Wed., Fri.
9:30 am - 3:30 pm

Mission Viejo

Mount of Olivies Adult Day Care
949-581-3800

Seal Beach

Redeemer Respite Care
562-596-1209
ADC, RC
Tue. & Thur.
9:30 am - 3:30 pm
No meals, no meds.

Riverside

Hemet

FSA Daybreak Adult Day Services
951-658-7617

Palm Desert

Eisenhower Medical Center
Five Star Club
760-836-0232
ASU, RC, ADC, Accept SCAN

(continued on page 20)

Adult Day Care (continued)

Riverside (continued)

San Jacinto

Senior Day Care Center of Hemet/San Jacinto
951-654-1477
ADC

Sun City

Care Connexus, Inc. Adult Day Services Center
951-672-9536
ADC, RC

San Bernardino

Redlands

Dash, Inc. The Other Place
909-798-1667
RC, ADC

Seventy (70) percent of people with Alzheimer's and other dementias live at home, cared for by family and friends.

Home Health Care Agency

Orange

Fullerton

D.A.R. Nursing Service
714-879-9555
HC, HHC, RC

Laguna Hills

Saddleback Coordinated Home Care
949-460-1500
M, HHC

Orange

Heartland Home Health Care & Hospice
800-400-2422
RC, M, MC
St. Joseph Health Sys Home Care Services - Hospice
714-712-9559
RC, M, MC, HC, HHC

Santa Ana

VNA Home Health Systems
877-862-4471
M, MC

Riverside

Banning

Visiting Nurses Assoc. of the Inland Counties
951-769-1419
RC, M, MC

Colton

Tender Living Care Giving
909-633-3946

Hemet

Ramona Visiting Nurse Assoc. & Hospice
951-658-9288
M, MC

Palm Desert

Nursefinders of Palm Desert
760-341-2212
HC, HHC, RC, MC
Visiting Nurses Assoc. of the Inland Counties
760-346-3982
RC, M, MC

Riverside

Visiting Nurse Assoc. of the Inland Counties
951-413-1215
RC, M, MC

San Bernardino

JoshuaTree

Hi-Desert Home Health Services
760-366-6424
HHC, M, MC

Home Health Care Agency (continued)

San Bernardino

Nursefinders of San Bernardino
909-890-2286
RC, MC, HC, HHC

Upland

Sunset Haven Home Health Agency
909-931-0710
M, MC

Home Care Agency

Orange

Anaheim

Evergreen Care Providers
714-701-1182
HC, RC

Evergreen Care Providers



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for your loved ones

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info@evergreencareproviders.com
www.evergreencareproviders.com

Costa Mesa

Assured InHome Care
949-394-5678
HC, RC
Catalina Health Care
714-755-5520
HC, RC
Home Instead Senior Care
714-444-4880
RC

Fullerton

Home Help Care, Inc
800-486-4431
RC, HC
Independent Living Partners
714-257-9810
HC, RC

Garden Grove

Homewatch Caregivers
866-608-9500
RC, HC

Huntington Beach

Comfort Keepers
714-846-3535
HC, RC

Irvine

AccentCare
800-834-3059
RC, HHC, HC
Salus Homecare
888-725-8742
RC, HC
Silverado At Home
949-240-7221
ADC, HC
Synergy Home Care
949-753-1085
HC,

La Quinta

Caring Companions at Home
760-771-6263
RC, HC

Laguna Hills

Accessible Health Care of South Orange County
310-678-1201
HC, RC
Visiting Angels
949-240-2403
RC, HC

(continued on page 22)

**For additional FREE copies of this directory just call:
1-888-393-1698**

Home Care Agency (continued)

Orange (continued)

Laguna Niguel

Comforcare Senior Services
949-582-3115
RC

Laguna Woods Village

Dedicated Caregivers
949-855-9553
HC, RC

Mission Viejo

Home Instead Senior Care
949-347-6767
RC, HC

Newport Beach

Caring Companions at Home
949-574-0750
RC, HC

In Home Care Solutions

877-813-5582
RC, HC

In Home Care Solutions

Caregivers trained per medical condition.

- *light housekeeping * personal care
- *medication management * errands
- * respite care and more. Tailored to your needs.

Call **949-250-0125** or
877-813-5582

LivHome
949-794-9470
RC, HC

Orange

Age Advantage
714-385-2864
RC, HC

Carelink Home Care, Inc.

714-972-9900
HC, RC

ChoiceCare
877-433-3383
HC, RC

Colonial Home Care Services, Inc.
800-497-1287
RC, HC

Home Instead Senior Care
714-288-1957
RC, HC

San Juan Capistrano

BrightStar Healthcare
949-545-6900
HHC, HC, RC

Seal Beach

A Peace of Mind In Home Care
949-554-5411
RC, HC
Home Instead Senior Care Seal Beach/
Long Beach
562-596-4884
HC, RC

Tustin

Maxim Companion Services
714-368-0640
RC, HC
Rainbow Home Care Services, Inc.
800-811-9767
RC

Riverside

Corona

Age Advantage
951-278-1208
RC, HC
Safe Harbor Caregivers, Inc.
951-279-6022
HC, RC

Home Care Agency (continued)

Fallbrook

Innovative Healthcare Consultants
877-731-1442
RC, HC
See our ad on page 2.

Murrieta

Home Instead Senior Care
951-696-2100
RC, HC

Palm Desert

A & A Home Care Services
760-416-6769
HC, RC
Health Concepts, Inc.
760-340-0763
RC, HC

Palm Springs

Care Plus Professional Caregivers
760-836-0663
HC, RC

Riverside

Assisted Care Plus Network
951-656-1242
Home Care-Giver Services
800-982-9616
RC
Home Instead Senior Care
951-369-7047
RC, HC

Sun City

Ramona VNA and Hospice
800-588-7862
M, MC, HHC
Visiting Angels
951-639-5949
HC, RC

San Bernardino

Colton

Senior Home Caregivers
909-867-7787
RC, HC

Loma Linda

Amazing Grace Home Care
909-252-6765

Rancho Cucamonga

24 Hour Care
909-941-8261
HC, RC
Affordable Care at Home
909-560-0591
HC, RC
Home Instead Senior Care
909-476-9030
HC, RC
Just Right Home Care
909-944-1305
RC

Victorville

Home Instead Senior Care
760-843-5655
RC
Sensible Senior Homecare Agency
800-288-5720
RC, HC, ADC

Yorba Linda

Senior Helpers
714-694-0992
RC, H
Serving North Orange County.

Other Areas

San Diego

Innovative Healthcare Consultants
877-731-1442
RC, HC
See our ad on page 2.

**Looking for an Alzheimer's/
memory care residence? Go to
www.retirementpublishing.com
"Alzheimer's Residence Finder"**

Hospice

Orange

Garden Grove

Odyssey Healthcare of Orange County
800-797-2686
M, MC
PEC Healthcare & Hospice
714-689-2300
M, MC

Irvine

Vitas Innovative Hospice Care
714-921-2273
RC, M, MC

Laguna Hills

Hospice of Saddleback Valley
949-460-1600
M, MC

Orange

Companion Hospice
714-560-8177
RC, M, MC

Placentia

Hospice Care of California
800-889-3227
M, MC

San Juan Capistrano

Silverado Hospice
888-328-5660
RC, MC, M

Riverside

Murrieta

Hospice of the Valleys
951-200-7800
RC, M, MC

Palm Springs

Desert Hospital's Hospice of the Desert
714-999-9999

Riverside

Inland Valley Hospice
951-360-5848
Riverside Hospice
951-274-0710

Sun City

Ramona VNA and Hospice
800-588-7862
M, MC, HHC

San Bernardino

Claremont
VNA and Hospice of S. California, Inc.
800-969-4862
M, MC

Doctors at specialized centers can diagnose probable AD correctly 80 to 90 percent of the time.

Care Management

Orange

Brea

Caregiver Resource Center
800-543-8312

Irvine

Advanced Health Services
949-559-9531
iCare Senior Solutions
949-748-3803

Silverado At Home
949-240-7221
ADC, HC

San Clemente

Aging Matters, Inc.
949-212-4105

Care Management (continued)

Fallbrook

Innovative Healthcare Consultants
877-731-1442
RC, HC
See our ad on page 2.

Palm Desert

Case Management Services, Inc
760-674-5791

Palm Springs

Jewish Family Service of the Desert
760-325-4088

San Bernardino

Colton

Inland Caregiver Resource Center (ICRC)
800-675-6694

Other Areas

San Diego

Innovative Healthcare Consultants
877-731-1442
RC, HC
See our ad on page 2.

Assessment And Diagnostic Services

Irvine

Pacific Coast Imaging
949-726-9500
D/A, Private Pay
UCI - Institute for Memory Impairments and Neurological Disorders
949-824-2382
D/A

Orange

UCI Medical Center - HAPS
877-427-7824
D/A

Santa Ana

The Senior Assessment Center
714-850-4935
Comprehensive exam.

Alzheimer's Related Services

Poway

Care Trak of California/Project Lifesaver
858-748-3692
Monitor and locate wanderers

Banning

Garment Express
951-990-0017
Contact: Dianne Millard
Alzheimer's Speciality Items.

Alzheimer's Residence Finder

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Seattle/Puget Sound,
Orange, Riverside San Bernardino Counties and
Idaho State

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Attorneys

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Charles Stricklen, Attorney
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714-776-2430
EL, EP, MI

Fullerton

Pearl Gondrella Mann
2501E. Chapman Ave., Ste. 225
714-992-4045
EL, EP, MI
Kathleen Robertson
2501 E. Chapman, Ste.290
714-738-6435
EP, EL

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Michelle West, Attorney
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714-703-1500
EL, EP, MI

Huntington Beach

Dennis L. Jensen, Attorney
18377 Beach Boulevard, Ste. 212
714-843-0450
EL, EP, MI

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Donna Bashaw, Attorney
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EP, EL, MI

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949-454-2205
EL, EP, MI

Toni De Gasperin
23232 Peralta DR
949-770-4271
EP, EL

Law Offices of Amy C. Huff
23046 Avenida de la Carlota, Suite
600
949-870-2302
EP, EL, MI

Orange

Claudette D. Kunzman, Attorney
541 E Chapman Ave., Ste. A
714-289-9020
EP

San Clemente

T. David Estes, Attorney
629 Camino de los Mares, Ste. 203
949-443-9011
EP, EL

San Gabriel

Carlos Arcos, Care Planning Attorney
225 W. Fairview Ave.
626-284-9003
EP, EM, MI

Santa Ana

Amy C. Anderson
Anderson & Anderson
2070 North Tustin Ave.
714-835-4400
EL, EP, MI

Seal Beach

Debra Halvarson Groh, Attorney
3020 Old Ranch Parkway, Ste. 300
562-795-9109
EL, EP, MI

Tustin

Todd M. Litman, Attorney
1422 Edinger Ave., Ste. 100
714-545-4640
EL, EP, MI

Riverside

Banning

McClellan & Wilson
149 North San Gorgonio
951-849-2913
EP, EL, MI

Attorneys (continued)

Riverside

Law Offices of George Dickerman
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www.Elder-Law-Advocate.com

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Colton

Elisabeth Kempe-Olinger Attorney
290 N 10th St., Ste. 222
909-824-2777
EL, EP, conservatorships

Redlands

Dale K. Bethel, Attorney
1174 Nevada St., Ste. 201
909-307-6282
EL, EP, MI
Hartnell, Lister & Moore
25757 Redlands Blvd.
909-796-6881
EP, EL, MI
The Elder and Disability Law Firm
104 E Olive Ave, Ste. 1033
909-888-7100
EL, EP, MI

Upland

David Grossman, Attorney
818 N. Mountain, Ste. 111
909-949-2812
EP, EL, MI

*For Additional FREE Copies Call
1-888-393-1698 toll-free*

Support Groups General

Please Call 1-800-272-3900 For Confirmation & Location Before Attending

These meetings are free and open to all caregivers and family members of individuals with dementia. All groups listed are co-sponsored by the Alzheimer's Association and are in compliance with Orange County Chapter and National Standards.

Anaheim

Emeritus Fairwood Manor
Last Wednesday, 6:30 pm

Buena Park

Buena Park Community Center
3rd Friday, 10:30 - 12 noon

Costa Mesa

Harbor Trinity Church
1st Thursday, 1:00 pm

Cypress

Cypress Senior Center
3rd Wed., 1:30 pm & 7:00 pm

Fountain Valley

Fountain Valley Senior Center Center
2nd & 4th Thursday, 1:00 pm

Fullerton

First Christian Church of Fullerton
1st Monday, 7:00 pm
Faith Based Meetings.

(continued on page 28)

Support Groups General (continued)

Fullerton (continued)

Fullerton Gardens
3rd Thursday, 10:00 am
Free Respite

Garden Grove

Valley View Gardens
2nd Tuesday, 1:00 pm
Respite Care Available.

Huntington Beach

Alzheimer's Family Services Center
2nd & 4th Wednesday, 6:00 pm

Huntington Beach

Huntington Landmark
1st & 3rd Friday, 1:00 pm

Huntington Beach

Sunrise of Huntington Beach
1st & 3rd Tues., 6:30 pm

Irvine

Irvine Adult Day Health Center
2nd & 4th Wednesday, 3:30 pm

Laguna Beach

Susie Q Senior Center
1st Wednesday, 12:00 pm

Laguna Niguel

Aegis of Laguna Niguel
2nd Thursday, 5:30 pm

Lake Forest

BrightStar
3rd Wednesday, 7:00 pm

Lake Forest

Saddleback Church
2nd Thursday, 7:00 pm
3rd Tuesday, 1:00 pm
Faith Based

Long Beach

Brittany House
3rd Tues. 4:00 p.m.
Free Respite Care

Los Alamitos

St. Hedwig Church
2nd Friday 12:30 pm
Check before attending
562-243-1118
Faith Based

Mission Viejo

Mt. of Olives Adult Day Center
3rd Tuesday, 9:15 am

Newport Beach

Oasis Senior Center
1st Wednesday, 10:00-11:30 am

Newport Beach

Our Lady Queen of Angels Church
1st Monday, 7:00 pm
Call for introductory info.
949-640-1750
Faith Based Meetings

Newport Beach

St Andrew's Presbyterian Church
3rd Tues., 3:00 - 5:00 pm
Faith Based

Orange

First Christian Church of Orange
3rd Tuesday, 7:00 pm
Faith Based Meetings

Orange

St. Paul's Lutheran Church
1st Tuesday, 5:30 pm
Faith Based Meetings

Placentia

Placentia Linda Hospital
4th Monday, 7:00 pm

Support Groups General (continued)

Rancho Santa Margarita

Rancho Santa Margarita Library
4th Thursdays, 7:00 pm

San Clemente

RIO- San Clemente ADHC
3rd Friday, 10:00 am

San Juan Capistrano

San Juan Capistrano Community Center
3rd Thursday, 3:00 pm

San Juan Capistrano

Silverado Senior Living
3rd Wed., 10:30 am

Santa Ana

St Joseph Heritage Healthcare Center
2nd Wednesday, 10:00 am
Note: Meeting is NOT St Josephs Hospital

Santa Ana

Trinity United Presbyterian Church
1st Thursday, 2:30 pm
Faith Based

Seal Beach

Leisure World
4th Tues., 10:00 am
Respite Care Available

Seal Beach

Sunrise of Seal Beach
2nd Tues., 6:00 pm

Tustin

Silverado Senior Living
2nd Thursday, 10:00 am

Tustin

Tustin Senior Center
2nd Tuesday, 3:30 pm

Whittier

Presbyterian Intercommunity Hospital
1st Tuesday, 1:00 pm

Whittier

Whittier Place Senior Living
Last Tues. 6:30 pm

Yorba Linda

Richfield Community Church
1st Tuesday, 7:00 pm
Faith Based

Support Groups Specialized

Anaheim

St. Boniface Catholic Church
SPANISH LANGUAGE
1st Wednesday., 10:00 am

Garden Grove

Dayle McIntosh Center
VIETNAMESE LANGUAGE
3rd Sat., 11:30 am

Huntington Beach

Comm. United Methodist Church
FOR ADULT CHILDREN OF
AD INDIVIDUALS
2nd & 4th Monday, 7:30 pm

Irvine

Alzheimer's Association Orange County
MEN'S CAREGIVER SUPPORT
GROUP
2nd Tue., 6:00 pm

Irvine

ALZHEIMER'S ASSOCIATION
ORANGE COUNTY
BEREAVEMENT GROUP:
For those who have lost loved ones to
Dementia
3rd Thur., 6:00-7:30 pm

(continued on page 30)

Support Groups Specialized (continued)

Irvine

Alzheimer's Association Orange County Chapter

FOR CAREGIVERS OF LEWY BODY DISORDER & Pick's Disease/Frontal Temporal Dementia
2nd Tues., 1:00 pm

Irvine

UC Irvine

FOR CAREGIVERS OF LEWY BODY DISORDER & Pick's Disease/Frontal Temporal Dementia
1st Wed., 9:30 am

Santa Ana

Costal Communities Hospital
SPANISH -

For Individuals with Alzheimer's and their caregivers
2nd Wed., 6:00 pm

Stanton

Hanmi Family Counseling Center
KOREAN LANGUAGE
2nd & 4th Friday, 2:00 pm

§

For a list and location of Alzheimer's Support Groups in Riverside & San Bernardino counties go to their website at :

www.alz.org/californiasouthland
or call their helpline at
1-800-272-3900

Alzheimer's Resource Directories



Puget Sound Area
(Seattle)

Orange,
Riverside & San
Bernardino CA

San Diego
County

Boise
&
State of Idaho

Greater
San Francisco
Bay Area

For FREE copies of any or all of these directories call

425-398-1698 or toll free

1-888-393-1698

10 Signs of Caregiver Stress

The following stress indicators, experienced frequently or simultaneously, can lead to more serious health problems. Learn to recognize signs of stress in yourself.

- 1. Denial** about the disease and its effect on the person who's been diagnosed

I know mom's going to get better.

- 2. Anger** at the person with Alzheimer's or others; angry that few treatments and no cure currently exist and that people don't understand what's going on.

If he asks me that question one more time I'll scream!

- 3. Social withdrawal** from friends and activities that once brought pleasure.

I don't care about getting together with the neighbor's anymore.

- 4. Anxiety** about facing another day and what the future holds.

What happens when he needs more care than I can provide.

- 5. Depression** begins to break your spirit and affect your ability to cope.

I don't care anymore.

- 6. Exhaustion** makes it nearly impossible to complete necessary daily tasks.

I'm too tired for this.

- 7. Sleeplessness** caused by a never-ending list of concerns.

What if she wanders out of the house or falls and hurts herself?

- 8. Irritability** leads to moodiness and triggers negative responses and reactions.

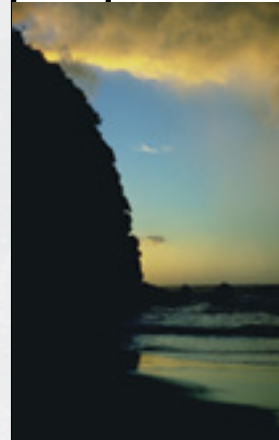
Leave me alone!

- 9. Lack of concentration** makes it difficult to perform familiar tasks.

I was so busy; I forgot my appointment.

- 10. Health problems** begin to take their toll, both mentally and physically.

I can't remember the last time I felt good



Alzheimer's Residence Finder

For
Seattle/Puget Sound,
Orange, Riverside San Bernardino Counties and
Idaho State

Looking for an Alzheimer's Residence for a loved one or client?

Go To *www.RetirementPublishing.com*
and search the new Alzheimer's Residence Finder
feature for more detailed information and photos
on Alzheimer's/Memory Care communities in the
areas above.

Find one you like ... just fill out the "More Infor-
mation Form" to check on space availability, set
up a tour or get any other specific information
that might interest you.

Now you are ready
to make an informed decision!!